

# Home Life

The GFWC Home Life Community Service Program is designed to inform members of issues that affect the well-being of individuals, families, and communities

Co-Chairwoman: Kelly & MJ

Committee Members:

Jody S, Linda W, Ellen, Janet, Lynn, Jude, Diane, **Barb H**

## **Comfort Pillow Project**

Comfort pillows are given to St. Vincent Healthcare, and Billings Clinic Hospital, same day surgery, Critical Care Unit and Breast Cancer Center Red Cross. Members make comfort pillow kits that have material for a pillow cover and a pillowcase. They distribute them to students in the Empower classes at Medicine Crow, Castle Rock, and Riverside Schools with batting. Students sew and stuff the pillows and cover with a pillowcase. Students write notes of encouragement to put in the pillows they make.

**Hub** – Members gather used and gently used bras for the Hub, a mental health treatment center.

**The Center for Children and Families**, a Behavioral Health and Child Well-Being Agency serving Montana – A counselor meets with the parents while the children are in another room reading or playing with toys and puzzles. Each child receives a book after the session is finished.

**Billings Clinic Activity Bags** – Children that are in the hospital more than two days are given a bag with activities like puzzles, card games, color books, coloring tools, and a book.  
department, Frontier Cancer Center, Billings Clinic, and St Vincent Healthcare.

**Community Events** – A variety of community events require additional help. Members have helped with a Wrestling tournament, a MSU-B class, and much more.

**Quilts** – Quilts are made for a variety of adults and children. Quilts have been made for Young Families, Tumbleweed, and for a family receiving a Habitat for Humanity home.

## **Focus on Health**

**Individual Fitness Program** – Members work on their own to collect points for fitness and prepare for the Montana Woman's Run.

**Montana Woman's Run** - Each year club members walk or run in the Montana Woman's Run

**Emergency First Response** – Each quarter at MSU-B members become part of a test for students in the EFR class. Some become accident victims, evaluators, and even 911 operators.

## **Focus on Financial Issues Program**

Summer University offered a Financial planning class. The four week class covered being prepared with all papers, passwords, wills and more.

**Medical** – money for prescriptions and medical emergencies for children and families is donated by request from school nurses and/or counselors.